

TIM SILEGY, D.D.S.
ORAL AND MAXILLOFACIAL SURGERY

PRE-OPERATIVE INSTRUCTIONS FOR DENTAL EXTRACTIONS

Your surgical appointment is scheduled for: _____

	<i>Day</i>	<i>Date</i>	<i>Time</i>
<input type="checkbox"/> 6226 E. Spring St, #315 Long Beach, CA 90815 (562) 496-1978		<input type="checkbox"/> 2121 E. Coast Hwy, #210 Corona Del Mar, CA 92672 (949) 729-9195	

FOR PATIENTS WHO WILL BE ASLEEP OR SEDATED:

- ✓ **Food and Drink:** This is **VERY IMPORTANT** in assuring safety during anesthesia and your cooperation is crucial. **Nothing to eat or drink for at least SIX hours prior to your appointment.** This includes water, candy, gum, and mints.
- ✓ **Escort:** A driver, of at least 18 years of age, must be present in our office during the **ENTIRE** surgery. We **CANNOT** not start surgery unless your driver is present in the office. It is your responsibility to make sure that your driver is aware that he/she cannot leave the reception area during surgery.
- ✓ **Driving:** **NO** driving for at least 12 hours following surgery. **DO NOT** drive while taking prescription pain medicine.
- ✓ **Work/School:** Plan on resting the remainder of the day of your appointment, and depending on the difficulty of the procedure, for anywhere from 1-3 days following the surgery.

IMPORTANT MEDICATION INFORMATION:

- ✓ **Prescription Medication:** If you regularly take prescription medications in the morning, continue to do so with the **SMALLEST** sip of water possible.
- ✓ **Insulin:** If you are a diabetic, please bring your glucometer and insulin with you to your appointment. Also, alter your morning dose of insulin as directed by Dr. Silegy.

FOR ALL PATIENTS:

- ✓ **Tobacco:** **DO NOT** smoke anything for at least 24 hours prior to and for at least five days after your surgery because nicotine and tar adversely affect normal healing.
- ✓ **Alcohol:** **DO NOT** drink alcoholic beverages for a least 24 hours prior to and at least 48 hours after your surgery and while taking prescription pain killers.
- ✓ **Clothing:** Please wear a short sleeve shirt, comfortable pants, and tennis shoes with socks on the day of surgery. Please do not wear a watch or any other jewelry. If needed, glasses are preferable to contact lenses. Please do not use moisturizers or make-up on your surgical day. **NO NAIL POLISH**
- ✓ **Children:** Please make arrangements for children, as it is unfair for them to sit in the office for the entire appointment.
- ✓ **After Surgery:** Please have icepacks (frozen peas or corn work well also) available ahead of time. It is also helpful to have food prepared for after surgery (mashed potatoes). Please refer to our aftercare instructions found in your discharge kit for specific post-operative instructions.
- ✓ **Medication:** If a prescription has been called in for you, please pick it up prior to your surgery.

By signing below, you are acknowledging that you have read and understand all of the pre-operative instructions listed above. Failure to follow these instructions exactly, may have life-threatening consequences. At a minimum, if not followed, they will result in the cancellation of your surgery.

Print Patient Name

Date

Patient or Legal Guardian

Date