

# TIM SILEGY, D.D.S.

ORAL AND MAXILLOFACIAL SURGERY

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## **POST-OPERATIVE SINUS PRECAUTIONS**

The following information is provided if your surgery has involved the maxillary sinus.

- Please refrain from blowing your nose for at least 2 weeks, try not to sneeze or cause pressure. ( If you need to, please sneeze with your mouth open)
- Remember to take all medications as suggested
  - Afrin nasal spray (over the counter)
  - Antibiotic as directed
  - Nasal decongestant (such as Claritin-D or Sudafed) as directed
- Slight bleeding from the nose is common for several days after surgery

If you have any questions or concerns, please do not hesitate to contact our office.